



Ultrasound Instructions

Before the Procedure:

For all ultrasounds except Aortic ultrasounds: The night before the procedure please drink several glasses of water for hydration. The morning of the procedure drink at least 2 additional 8-ounce glasses of water.

For Aortic ultrasounds: The night before the procedure please drink several glasses of water for hydration. Please do not eat 6 hours prior to your ultrasound.

Take your medicines as you normally would.

Take a shower the morning of the procedure and wash antibacterial soap. Do not apply lotion, cream or oils.

Wear comfortable loose-fitting clothing.

After the Procedure:

Your ultrasound will normally take between 30 minutes and 1 hour.

Your ultrasound report will be available to you at your next clinic visit.