



Dialysis Fistula/Graft Creation Pre-op and Post-op Instructions

Before the Procedure:

The night before the procedure please drink several glasses of water for hydration. You will then have nothing to eat or drink except your medications after midnight. Diabetics on long acting insulin should only take one half of their evening dose.

Take a shower the morning of the procedure with an antibacterial soap. Do not apply deodorant, lotion, cream or oils. Do not wear make-up, jewelry or fingernail polish.

Wear comfortable loose-fitting clothing.

Please notify us in advance if there is any change in your clinical condition.

A driver will be required to accompany you to the hospital and provide transportation home.

After the Procedure:

Arterial-venous fistula/graft creation may take more than one hour to perform. Following surgery, you will be watched briefly in PACU under the care of the Anesthesiologists. Once you have fully recovered, you will be discharged home the same day.

You will not be able to engage in strenuous activity or drive or operate heavy machinery for 24 hours following your discharge from the hospital.

Your incision is covered in skin glue that will peel off on its own in 4 - 5 days. It is OK to shower but avoid scrubbing your incision. Some bruising is normal. If you bleed or have a bruise that is enlarging, call our office immediately or proceed to the nearest Emergency Department.

Avoid baths, pools or immersing the incision in water for 2 weeks.

Avoid lifting more than 5 pounds for 2 weeks.

Call our office right away if you develop redness at the incision site, drainage, increase in swelling, fever above 101, headache, light headedness or dizziness.

A physician is available on call 24 hours a day. Please call our office immediately if you experience any clinical change.

